

# FOCUS BEDROOMS

## ULTIMATE ACCESSORIES

Make sure you get the details right with these covetable new pieces

### BEDSIDE LAMPS

A bedside light can be discreetly fixed to a wall, or make more of a statement on a side table, but it must always be functional. At £1,185 this glass lamp with bright red shade (right) from Atelier Abigail Ahern is an indulgent buy, but it gets our vote for pure glamour and we love the cord detail – it's covered in bright red polyester ([www.atelierabigailahern.com](http://www.atelierabigailahern.com)). More affordable is Ikea's 'Arstid' wall lamp (£12.99; [www.ikea.co.uk](http://www.ikea.co.uk)), while Jaime Hayon's 'Funghi Collection' lamps for Metalarte, available at Noel Hennessy (below centre) come in beige, brown, blue or black ([www.noelhennessy.com](http://www.noelhennessy.com)). For a great wall-mounted solution, check out Tom Kirk's 'CSci' wall light, from £250 ([www.tomkirk.com](http://www.tomkirk.com))

### MIRRORS

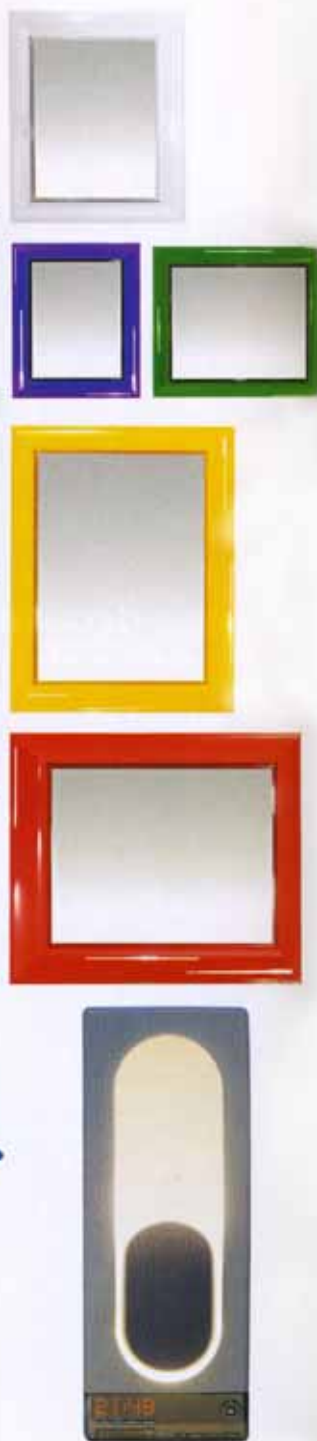
No bedroom is complete without somewhere to check your reflection before you start the day, and these plastic 'Francois Ghost' mirrors by Philippe Starck for Kartell (top right) come in a range of fabulous candy colours, from £172, One Deko ([www.onedeko.co.uk](http://www.onedeko.co.uk))

### CUSHIONS

If you're going to buy one cushion this month, make it this gorgeous handmade number (below) from Hampshire-based store Spirografica. It's digitally printed with Lucienne Day's 'Calyx' design for the homes and gardens pavilion at the 1951 Festival of Britain. 'Calyx Mustard' cushion, £70, Spirografica ([www.spirografica.com](http://www.spirografica.com))

### ALARM CLOCKS

The ingenious 'NightCove' alarm clock (far right), created by French designer Patrick Jouin in collaboration with sleep experts, could do away with our reluctance to get out of bed in the morning. The rise (in the evening) and fall (in the morning) of the hormone melatonin in the brain is thought to be linked to the transitions between wakefulness and sleep, but we often toy with this natural progression by reading under artificial light at night or using black-out blinds in the morning. NightCove uses digital technology to emit coloured light that mimics dusk and dawn so that melatonin levels react as they're meant to. The result is a gentle transition from deep sleep to being fully – happily – awake. (£1,245; [www.nightcove.info](http://www.nightcove.info))



**Clockwise from top left** Bedside lamp by Atelier Abigail Ahern; 'Francois Ghost' mirrors by Philippe Starck for Kartell; 'NightCove' alarm clock by Patrick Jouin; 'Calyx Mustard' cushion by Lucienne Day at Spirografica; 'Funghi Collection' lamps by Jaime Hayon for Metalarte at Noel Hennessy



*Next month's Dining Special, out November 7, is full of expert advice, brilliant buys and clever ideas to help you achieve a stylish and welcoming eating zone*